Retreat Packing List & Announcements

Listed below are the things you will need to bring to the retreat.

- o Bible (Electronic Applications Not Suitable)
- o Pens/Pencil and Notebook
- o Backpack
- o Blanket(s), Pillows or Sleeping Bag
- o Light Jacket/Sweatshirt for Frigid (cold) weather
- o Personal Hygiene Products
- o Towel & Washcloths
- o Comfortable Clothing and Walking/Closed-Toe Outdoor Shoes
- o Appropriate Dress Shoes
- o Water Bottle
- o Rain Gear for Inclement Weather
- o Bug Spray/Sunscreen
- o Extra Snacks

Announcements

o Everyone must sign up for the retreat on the website:

http://www.occupycm.com/retreat.

- o Everyone must bring a medical release form to the retreat. You will turn in the form at check in. Please visit the retreat page on the website to download this form.
- o If you are driving to the retreat on Thursday Morning, please be sure to be on time to check in. Check-In begins at 12:00 pm.
- o We will be leaving the retreat Saturday afternoon.
- O Please make sure you have all of your essential items. There will be no time during the retreat to drive anywhere for last minute items or to run errands.
- o Lastly, This retreat is going to be amazing. Come ready for a fresh, experience. There will be an awakening!